



WINTER 2021-2022

Hamilton Local Schools K-6



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p align="center"><u>News</u></p> <p>Breakfast is offered at no cost.</p> <p>Breakfast consist of 3 components.</p> <p>A food component is one of the three food groups that comprise a reimbursable breakfast. These are grains (with optional meat/meat alternate allowed); fruit/vegetable; and milk.</p> <p>Students may decline one food item.</p> <p>A food item is a specific food offered within the three food components.</p> <p>Students must take at least 3 items 1 must be a fruit or juice.</p> <p>Menu is subject to change.</p>
<p align="center">#1</p> <p>Triple Berry Crunch Bar Juice Fruit Milk</p>	<p>Dunkin Stick Raisins Fruit Milk</p>	<p>Yogurt Cinnamon Crisps Grahams Juice Fruit Milk</p>	<p>Bug Bites Cheese Stick Juice Fruit Milk</p>	<p>Pop Tart Juice Fruit Milk</p>	
<p align="center">#2</p> <p>Chex Mix Cheese Stick Juice Fruit Milk</p>	<p>Ultimate Breakfast Bar Juice Fruit Milk</p>	<p>Chocolate Chip Muffin Juice Fruit Milk</p>	<p>Cinnamon Crumb Cake Juice Fruit Milk</p>	<p>Yogurt Chocolate Elf Grahams Juice Fruit Milk</p>	
<p align="center">#3</p> <p>Crunch Mania Juice Fruit Milk</p>	<p>Blueberry Muffin Juice Fruit Milk</p>	<p>Vanilla Chat Grahams Cheese Stick Juice Fruit Milk</p>	<p>Chocolate Chip Oatmeal Bar Juice Fruit Milk</p>	<p>Yogurt Granola Bites Juice Fruit Milk</p>	
<p align="center">#4</p> <p>Cookies n' Cream Granola Bar Juice Fruit Milk</p>	<p>Banana Muffin Graham Crackers Juice Fruit Milk</p>	<p>Yogurt Goldfish Crackers Juice Fruit Milk</p>	<p>W/G Super Donut Juice Fruit Milk</p>	<p>Cocoa Cherry Bar Cheese Stick Juice Fruit Milk</p>	
<p align="center">#5</p> <p>Yogurt Cheez-its Juice Fruit Milk</p>	<p>Iced Cinnamon Bar Juice Fruit Milk</p>	<p>Annie's Honey Bunny Graham Crackers Cheese Stick Juice Fruit Milk</p>	<p>Nutri Grain Bar Munchies Snack Mix Juice Fruit Milk</p>	<p>Mini Donuts Juice Fruit Milk</p>	