

OCTOBER | 2022

Hamilton Local Schools Grades K-8



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3</p> <p>Pizza Green Beans Celery Sticks Fruit Milk</p>	<p>4</p> <p>Chicken Nuggets Baked Beans Coleslaw Fruit Milk</p>	<p>5</p> <p>Mike's Cheese Bites Marinara Steamed Corn Fruit Milk</p>	<p>6</p> <p>Grilled Chicken Sandwich Steamed Carrots Lettuce and Tomatoes Fruit Milk</p>	<p>7</p> <p>Rotini Breadstick Romain & Spinach Salad Fruit Milk</p>
<p>10</p> <p>Pizza Tossed Salad Cucumber Slices Fruit Milk</p>	<p>11</p> <p>Chicken Popcorn Rice Steamed Carrots Fruit Milk</p>	<p>12</p> <p>Hamburger /Bun Broccoli & Cheese Cauliflower Bites Fruit Milk</p>	<p>13</p> <p>Deli Sandwich Roasted Potatoes Baby Carrots Fruit Milk</p>	<p>14</p> <p>Quesadilla Refried Beans Salsa Fruit Milk</p>
<p>17</p> <p>Pizza Steamed Corn Celery Sticks Fruit Milk</p>	<p>18</p> <p>Chicken Tenders Waffles California Blend Baby Carrots Fruit Milk</p>	<p>19</p> <p>Mini Corn Dogs Sweet Potato Fries Mini Tomatoes Fruit Milk</p>	<p>20</p> <p>Chicken Patty Sandwich Baked Beans Coleslaw Fruit Milk</p>	<p>21</p> <p>Calzone Romine & Spinach Salad Cucumber Slices Fruit Milk</p>
<p>24</p> <p>French Bread Pizza Green Beans Mini Tomatoes Fruit Milk</p>	<p>25</p> <p>Chicken Nuggets Corn Bread Steamed Carrots Fruit Milk</p>	<p>26</p> <p>BBQ Beef Rib Sandwich French Fries Celery Sticks Fruit Milk</p>	<p>27</p> <p>Stromboli Broccoli w/ Cheese Baby Carrots Fruit Milk</p>	<p>28</p> <p>Taco Salad Tortilla chips Refried Beans Fruit Milk</p>
<p>31</p> <p>Cheese Stuffed Bread Sticks Marinara Sauce Romaine Salad Fruit Milk</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>

