



MARCH | 2023

Hamilton Local Schools Grade K-8

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|--|
| 27 | 28 | 1 Tangerine Chicken Rice Peas Fruit Milk | 2 Chicken Sandwich Steamed Carrots Sliced Cucumbers Fruit Milk | 3 Cheese Quesadilla Refried Beans Mini Tomatoes Fruit Milk |
| 6 Taco Salad Refried Beans Mini Tomatoes Tortilla Chips Fruit Milk | 7 Popcorn Chicken Hot Roll Steamed Corn Celery Sticks Fruit Milk | 8 Deli Sandwich Sweet Potato Fries Dill Pickle Fruit Milk | 9 Rotini Garlic Toast Garden Salad Fruit Milk | 10 Bosco Sticks Marinara Sauce Green Beans Fruit Milk |
| 13 French Bread Pizza Romaine & Spinach Salad Cucumbers Corn Chips Fruit Milk | 14 Chicken Sandwich Green Beans Celery Sticks Fruit Milk | 15 Hot Dog Baked Beans Carrot Sticks Fruit Milk | 16 Hamburger Sandwich French Fries Pickles Fruit Milk | 17 Grilled Cheese Sandwich Tomato soup Cauliflower Bites Cookie Fruit Milk |
| 20 Pizza Steamed Corn Baby Carrots Fruit Milk | 21 Chicken Tenders Corn Bread Sliced Cucumbers Fruit Milk | 22 Macaroni & Cheese Soft Pretzel Green Beans Cauliflower Bites Fruit Milk | 23 Chicken Sandwich Lettuce & Tomato Steamed Carrots Fruit Milk | 24 Fish Sticks French Fries Coleslaw Fruit Milk |
| 27 Round Pizza Green Beans Sun Chips Fruit Milk | 28 Chicken Nuggets Steamed Carrots Celery Cookie Fruit Milk | 29 Colby Cheese Omelet Pancakes Hash Browns Green Peppers Fruit Milk | 30 Taco Salad Refried Beans Mini tomatoes Tortilla Chips Fruit Milk | 31 Bosco Sticks Marinara Mixed Vegetables Cucumbers Fruit Milk |

News

**Breakfast is offered
Daily at no cost.**

**A complete lunch
consists of Five food
Components
Grains (part of entree)
Protein (part of entrée)
Vegetable, Fruit and
Milk**

**Students must take
Three of the Five food**

**Components and One
Must be a Fruit or
Vegetable**

**Menu is Subject to
change**