



JANUARY | 2023

Hamilton Local Schools Grades K-8

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
| 2 | 3 | 4 Cheese Pizza Green Beans Fruit Milk | 5 Chicken Tenders Waffles Steamed Corn Fruit Milk | 6 Mini Corn Dogs French Fries Fruit Milk |
| 9 Pizza Steamed Corn Baby Carrots Fruit Milk | 10 Chicken Nuggets Hot Roll Baked Beans Celery Sticks Fruit Milk | 11 Macaroni and Cheese Soft Pretzel Green Beans Cauliflower Bites Fruit Milk | 12 Ham and Cheese Calzone Tater Tots Cucumber Slices Fruit Milk | 13 Cheese Bread Marinara Sauce Tossed Salad Fruit Milk |
| 16 No School | 17 Round Pizza Steamed Broccoli Mini Tomatoes Fruit Milk | 18 Hamburgers Waffle Fries Baby Carrots Fruit Milk | 19 Bosco Sticks Marinara Sauce Steamed Corn Fruit Milk | 20 Taco Salad Tortilla Chips Refried Beans Cucumber Slices Fruit Milk |
| 23 Pizza Green Beans Fruit Milk | 24 Chicken Nuggets Corn Bread Steamed Corn Celery Sticks Fruit Milk | 25 Hot Dogs Baked Beans Baby Carrots Fruit Milk | 26 Chicken Patti Sandwich Lettuce & Tomato Mixed Vegetables Fruit Milk | 27 Rotini Bread Stick Romaine & Spinach Salad Mini Tomatoes Fruit Milk |
| 30 French Bread Pizza Steamed Carrots Cucumber Slices Fruit Milk | 31 BBQ Rib Sandwich French Fries Celery Sticks Fruit Milk | 1 | 2 | 3 |

News

**Breakfast is offered
Daily at no cost.**

**A complete lunch
Consists of Five food**

Components

Grains (part of entrée)

Protein (part of entrée)

Vegetable

Fruit and Milk

**Students must take
Three of the Five food**

**Components and One
Must be a Fruit or
Vegetable**

**Menu is Subject to
change**