



DECEMBER | 2022

Hamilton Local School Grades K-8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1 Hamburgers Steamed Corn Mini Tomatoes Fruit Milk	2 Chicken Tenders Corn Bread Green Beans Cucumbers Slices Fruit Milk
5 Pizza Green Beans Baby Carrots Fruit Milk	6 Chicken Nuggets Hot Roll Baked Beans Celery Sticks Fruit Milk	7 Macaroni & Cheese Soft Pretzel Steamed Broccoli Fruit Milk	8 Ham & Cheese Calzone Tater Tots Cucumber Slices Fruit Milk	9 Cheese Bread Marinara Sauce Tossed Salad Fruit Milk
12 Pizza Steamed Corn Baby Carrots Fruit Milk	13 Chicken Tenders Corn Bread Green Beans Cauliflower Bites Fruit Milk	14 Hot Dogs Baked Beans Baby Carrots Fruit Milk	15 Chicken Patty Sandwich Lettuce & Tomatoes Steamed Peas Fruit Milk	16 Rotini Bread Stick Romaine & Spinach Salad Fruit Milk
19 Cheese Pizza Green Beans Cucumber Slices Fruit Milk	20 Chicken Tenders Waffles Steamed Corn Baby Carrots Fruit Milk	21 Mine Corn Dogs French Fries Celery Fruit Milk	22 NO SCHOOL	23 NO SCHOOL
26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL	30

News
Breakfast is offered
Daily at no cost.

A complete lunch
Consists of Five food
Components.
Grains (part of entrée)
Protein (part of entrée)
Vegetable
Fruit and Milk

Students must take
Three of the Five food

Components and One
Must be a fruit or
Vegetable.

Menu is Subject to
change