

MAY | 2023

Hamilton Local Schools 9-12



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Pizza Tossed Salad Cucumbers Sun Chips Fruits (2) Milk	2 Chicken Nuggets Hot Roll Steamed Corn Celery Fruit (2) Milk	3 Macaroni & Cheese Soft Pretzel Green Beans Celery Fruit (2) Milk	4 Chicken Sandwich Steamed Carrots Cauliflower Bites Cookie Fruit (2) Milk	5 Taco Salad Refried Beans Mini Tomatoes Tortilla Chips Fruit (2) Milk
8 Bosco Sticks Marinara Steamed Broccoli Green Peppers Fruit (2) Milk	9 Chicken Tenders Hot Roll Steamed Corn Celery Sticks Fruit (2) Milk	10 Hot Dog / Coney Green beans Cucumbers Fruit (2) Milk	11 Hamburgers French Fries Pickles Fruit (2) Milk	12 Quesadilla Refried Beans Mini Tomatoes Cookie Fruit (2) Milk
15 Pizza Green Beans Green Peppers Sun Chips Fruit (2) Milk	16 Corn Dogs Steamed Corn Celery Sticks Fruit (2) Milk	17 Cooks Choice	18 Cooks Choice	19 No School Have a Wonderful & Safe Summer! Congratulations Seniors!
22 Enter Text Here	23 Enter Text Here	24 Enter Text Here	25 Enter Text Here	26 Enter Text Here
29 Enter Text Here	30 Enter Text Here	31 Enter Text Here	1 Enter Text Here	2 Enter Text Here

News

**Breakfast is offered
Daily at no Cost.**

**A complete lunch
Consists of Five food
Components**

**Grains (part of entrée)
Protein (part of entrée)
Vegetable, Fruit, and
Milk**

**Students must take
Three of the Five food**

**Components and One
Must be a Fruit or
Vegetable**

**Additional entrees
Selections are available**

**Daily Entrees
PB&J Sandwiches
Specialty Salads**

**Menu is Subject to
Change**