



DECEMBER | 2022

Hamilton Local Schools Grades 9-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1 Hamburgers/Cheese Steamed Corn Mini Tomatoes Fruit Milk	2 Chicken Tenders Corn Bread Green Beans Cucumber Slices Fruit Milk
5 Pizza Green beans Baby Carrots Sun Chips Fruit Milk	6 Chicken Nuggets Hot Roll Baked Beans Celery Sticks Fruit Milk	7 Macaroni & Cheese Soft Pretzel Steamed Broccoli Fruit Milk	8 Ham & Cheese Calzone Tater Tots Cucumber Slices Fruit Milk	9 Cheese Bread Marinara Sauce Tossed Salad Fruit Milk
12 Pizza Steamed Corn Baby Carrots Cookie Fruit Milk	13 Chicken Tenders Corn Bread Green Beans Cauliflower Bites Fruit Milk	14 Hot Dogs Baked Beans Baby Carrots Fruit Milk	15 Chicken Patti Sandwich Lettuce & Tomatoes Steamed Peas Fruit Milk	16 Rotini Bread Stick Romaine & Spinach Salad Fruit Milk
19 Cheese Pizza Green Beans Cucumber Slices Fruit Milk	20 Chicken Tenders Waffles Steamed Corn Baby Carrots Fruit Milk	21 Mini Corn Dogs French Fries Celery Fruit Milk	22 No School	23 No School
26 No School	27 No School	28 No School	29 No School	30

Daily Entrees
PB&J Sandwiches
Specialty Salads

Additional entrees
Selections are available
daily.

A complete lunch
consists of Five food
components
Grains (part of entrée)
Protein (part of entrée)
Vegetable
Fruit
Milk

Students must take
Three of the Five food
components and One
must be a fruit or
vegetable.
Students may take two
Fruits and two
vegetables

Menu is Subject to
change.