



FEBRUARY | 2025

Hamilton Local Schools Grades K-8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Pizza Green Beans Baby Carrots Fruit Milk	4 Chicken Nuggets Hot Roll Steamed Corn Green Pepper Strips Fruit Milk	5 Cheeseburger Sweet Potato Fries Dill Pickles Fruit Milk	6 Chicken Sandwich Steamed Broccoli & Cheese Cauliflower Bites Fruit Milk	7 Taco Salad Tortilla Chips Refried Beans Fruit Milk
10 Pizza Steamed Corn Baby Carrots Fruit Milk	11 Chicken Tenders Steamed Peas Celery Sticks Fruit Cookie Milk	12 Macaroni & Cheese Soft Pretzel Green Beans Sliced Cucumbers Fruit Milk	13 Rotini Garlic Bread Romaine & Spinach Salad Mini Tomatoes Fruit Milk	14 Bosco Sticks Marinara California Blend Green Peppers Fruit Corn Chips Milk
17 No School	18 Popcorn Chicken Hot Roll Green Beans Mini Tomatoes Fruit Milk	19 Grilled Cheese Tomato Soup Celery Sticks Fruit Pudding Cup Milk	20 Hamburger / Bun Lettuce & Tomato French Fries Fruit Milk	21 Burrito Steamed Corn Green Peppers Fruit Rice Krispie Treats Milk
24 French Bread Pizza Green Beans Baby Carrots Fruit Sorbet Milk	25 BBQ Beef Rib Steamed Corn Coleslaw Fruit Milk	26 Tangerine Chicken Steamed Rice Steamed Peas Fruit Fortune Cookie Milk	27 Chicken Sandwich Steamed Broccoli Sliced Cucumbers Fruit Milk	28 Cheese Quesadilla Refried Beans Celery Sticks Fruit Milk

News

Breakfast and Lunch
Daily at No Cost

A Complete Lunch
Consist of Five Foods
Components

Grains (part of Entrée)
Protein (part of Entrée)
Vegetable, Fruit and
Milk

Students must take
Three of the Five Foods

Components and One
Must be a Fruit or
Vegetables

This Institution is an
Equal Opportunity
Provider

Menu is Subject to
Chang



FEBRUARY | 2025

Swahili

Shule za Mitaa za Hamilton K-8

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3</p> <p>Pizza Maharagwe ya kijani Karoti ya mtoto Matunda Maziwa</p>	<p>4</p> <p>Nuggets ya Kuku Roll ya Moto Mahindi ya Mvuke Mikanda ya Pepper ya Kijani Matunda Maziwa</p>	<p>5</p> <p>Cheeseburger Fries ya viazi tamu Vipeperushi vya Dill Matunda Maziwa</p>	<p>6</p> <p>Sandwich ya Kuku Broccoli ya Steamed & Cheese Cauliflower Bites Matunda Maziwa</p>	<p>7</p> <p>Saladi ya Taco Tortilla Chips Maharagwe ya kukaanga Matunda Maziwa</p>
<p>10</p> <p>Pizza Mahindi ya Mvuke Karoti ya mtoto Matunda Maziwa</p>	<p>11</p> <p>Zabuni ya Kuku Steamed Peas Vibandiko vya Celery Matunda Kidakuzi Maziwa</p>	<p>12</p> <p>Macaroni & Cheese Pretzel laini Maharagwe ya kijani Matango yaliyokatwa Matunda Maziwa</p>	<p>13</p> <p>Rotini Mkate wa vitunguu Saladi ya Romaine & Spinach Nyanya ndogo Matunda Maziwa</p>	<p>14</p> <p>Vibandiko vya Bosco Marinara California Blend Peppers ya kijani Matunda Chips ya Mahindi Maziwa</p>
<p>17</p> <p>La Shule</p>	<p>18</p> <p>Kuku wa Popcorn Roll ya Moto Maharagwe ya kijani Nyanya ndogo Matunda Maziwa</p>	<p>19</p> <p>Grilled Cheese supu ya nyanya Vibandiko vya Celery Matunda Kombe la Kuku Maziwa</p>	<p>20</p> <p>Hamburger / Bun Lettuce & Tomato Fries ya Kifaransa Matunda Maziwa</p>	<p>21</p> <p>Burrito Mahindi ya Mvuke Peppers ya kijani Matunda Matibabu ya Krispie ya Mchele Maziwa</p>
<p>24</p> <p>Pizza ya mkate wa Kifaransa Maharagwe ya kijani Karoti ya mtoto Matunda Sorbet Maziwa</p>	<p>25</p> <p>BBQ Beef Rib Mahindi ya Mvuke Sheria ya Coleslaw Matunda Maziwa</p>	<p>26</p> <p>Kuku wa Tangerine Mchele wa Mvuke Steamed Peas Matunda Kuki ya Bahati Maziwa</p>	<p>27</p> <p>Sandwich ya Kuku Steamed Broccoli Matango yaliyokatwa Matunda Maziwa</p>	<p>28</p> <p>Cheese Quesadilla Maharagwe ya kukaanga Vibandiko vya Celery Matunda Maziwa</p>

Habari

Chakula cha mchana na chakula cha mchana kila siku bila gharama

Chakula kamili cha jioni kinajumuisha vyakula vitano

Vijenzi

Nafaka (sehemu ya Entrée)

Protini (sehemu ya Entrée)

Mboga. Matunda na maziwa

Wanafunzi wanapaswa kuchukua

Vyakula vitatu kati ya vitano

Vipengele na Moja

Lazima uwe na matunda au Mboga

Hii taasisi ni fursa sawa Mtoaji

Menu ni chini ya Chang



FEBRUARY | 2025

Spanish

Escuelas Locales de Hamilton Grados K-8

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3</p> <p>Pizza Judías verdes Zanahorias baby Fruta Leche</p>	<p>4</p> <p>Nuggets de pollo Rollo caliente Maíz al vapor tiras de pimiento verde Fruta Leche</p>	<p>5</p> <p>Hamburguesa con queso Batatas fritas Pepinillos encurtidos Fruta Leche</p>	<p>6</p> <p>Sándwich de pollo Brócoli y queso al vapor Picaduras de coliflor Fruta Leche</p>	<p>7</p> <p>Ensalada de tacos Chips de Tortilla Frijoles refritos Fruta Leche</p>
<p>10</p> <p>Pizza Maíz al vapor Zanahorias baby Fruta Leche</p>	<p>11</p> <p>Filetes de pollo Guisantes al vapor Palitos de apio Fruta Galleta Leche</p>	<p>12</p> <p>Macarrones con queso Pretzel suave Judías verdes Pepinos en rodajas Fruta Leche</p>	<p>13</p> <p>Rotini Pan de ajo Ensalada de lechuga romana y espinacas Mini Tomates Fruta Leche</p>	<p>14</p> <p>Palos Bosco Marinara Mezcla de California Pimientos verdes Fruta Chips de maíz Leche</p>
<p>17</p> <p>No Escuela</p>	<p>18</p> <p>Pollo con palomitas de maíz Rollo caliente Judías verdes Mini Tomates Fruta Leche</p>	<p>19</p> <p>Queso a la parrilla Sopa de tomate Palitos de apio Fruta Taza de pudín Leche</p>	<p>20</p> <p>Hamburguesa / Pan Lechuga y tomate Papas fritas Fruta Leche</p>	<p>21</p> <p>Burrito Maíz al vapor Pimientos verdes Fruta Golosinas de Rice Krispie Leche</p>
<p>24</p> <p>Pizza de pan francés Judías verdes Zanahorias baby Fruta Sorbete Leche</p>	<p>25</p> <p>Costilla de ternera a la barbacoa Maíz al vapor Ensalada de repollo Fruta Leche</p>	<p>26</p> <p>Pollo a la mandarina Arroz al vapor Guisantes al vapor Fruta Galleta Leche</p>	<p>27</p> <p>Sándwich de pollo Brócoli al vapor Pepinos en rodajas Fruta Leche</p>	<p>28</p> <p>Quesadilla de queso Frijoles refritos Palitos de apio Fruta Leche</p>

Noticia

**Desayuno y almuerzo
todos los días sin costo**

**Un almuerzo completo
consta de cinco
alimentos**

**Componentes
Granos (parte de
Entrée)**

**Proteína (parte del
plato principal)
Verdura. Fruta y leche**

**Los estudiantes deben
tomar**

**Tres de los cinco
alimentos**

**Componentes y uno
Debe ser una fruta o
Verduras**

**Esta Institución es una
Institución de Igualdad
de Oportunidades
Proveedor**

**El menú está sujeto a
cambios**



FEBRUARY | 2025

French

Écoles locales de Hamilton de la maternelle à la 8e année

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3</p> <p>Pizza Haricots verts Carottes miniatures Fruit Lait</p>	<p>4</p> <p>Nuggets de poulet Rouleau chaud Maïs cuit à la vapeur Lanières de poivron vert Fruit Lait</p>	<p>5</p> <p>Cheeseburger Frites de patates douces Cornichons à l'aneth Fruit Lait</p>	<p>6</p> <p>Sandwich au poulet Brocoli et fromage cuits à la vapeur Bouchées de chou-fleur Fruit Lait</p>	<p>7</p> <p>Salade de tacos Croustilles tortilla Haricots frites Fruit Lait</p>
<p>10</p> <p>Pizza Maïs cuit à la vapeur Carottes miniatures Fruit Lait</p>	<p>11</p> <p>Filets de poulet Pois cuits à la vapeur Bâtonnets de céleri Fruit Biscuit Lait</p>	<p>12</p> <p>Macaroni au fromage Bretzel moelleux Haricots verts Concombres tranchés Fruit Lait</p>	<p>13</p> <p>Rotini Pain à l'ail Salade romaine et épinards Mini tomates Fruit Lait</p>	<p>14</p> <p>Bâtonnets Bosco Marinara Mélange californien Poivrons verts Fruit Croustilles de maïs Lait</p>
<p>17</p> <p>Non École</p>	<p>18</p> <p>Poulet popcorn Rouleau chaud Haricots verts Mini tomates Fruit Lait</p>	<p>19</p> <p>Fromage grillé Soupe aux tomates Bâtonnets de céleri Fruit Coupe à pudding Lait</p>	<p>20</p> <p>Hamburger / Petit pain Laitue et tomate Frites Fruit Lait</p>	<p>21</p> <p>Burrito Maïs cuit à la vapeur Poivrons verts Fruit Gâteries Rice Krispie Lait</p>
<p>24</p> <p>Pizza au pain français Haricots verts Carottes miniatures Fruit Sorbet Lait</p>	<p>25</p> <p>Côte de bœuf BBQ Maïs cuit à la vapeur Chou Fruit Lait</p>	<p>26</p> <p>Poulet à la mandarine Riz cuit à la vapeur Pois cuits à la vapeur Fruit Biscuit Lait</p>	<p>27</p> <p>Sandwich au poulet Brocoli cuit à la vapeur Concombres tranchés Fruit Lait</p>	<p>28</p> <p>Quesadilla au fromage Haricots frites Bâtonnets de céleri Fruit Lait</p>

Nouvelles

Petit-déjeuner et déjeuner gratuits tous les jours

Un déjeuner complet se compose de cinq aliments

Composants

Grains (part of Entrée)

Protéines (partie de l'entrée)

Légume. Fruits et lait

Les étudiants doivent suivre

Trois des cinq aliments

Composants et un Doit être un fruit ou Légumes

Cette institution est une institution d'égalité des chances Fournisseur

Le menu est sujet à changement



FEBRUARY | 2025

Haitian Creole

Hamilton Lokal Lekòl K-8yèm ane

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 piza Pwa vèt Kawòt ti bebe Donn Lèt	4 poul nuggets Woulo cho Vapè mayi Bann vèt Donn Lèt	5 Cheeseburger Dous Pòmdechè Fries Pikliz Donn Lèt	6 poul sandwich Vapè Bwokoli - Fwomaj Kavalye Mòde Donn Lèt	7 Tako Salad Baskile Tortilla Pwa refrijere Donn Lèt
10 piza Vapè mayi Kawòt ti bebe Donn Lèt	11 grip poul Vapè Baskètbòl Donn bonbon Lèt	12 Macaroni - Fwomaj Mou Pretzel Pwa vèt Konkonm tranch Donn Lèt	13 Rotini Pen lay Romaine & vire Salad Mini Tomatoes Donn Lèt	14 bwat pontye Marinara Kalifòni melanje Piman vèt Donn Chip mayi Lèt
17 Non Lekòl	18 Pòpkòn poul Woulo cho Pwa vèt Mini Tomatoes Donn Lèt	19 Griye Cheese Tomat soup Baskètbòl Donn Pudding Cup Lèt	20 Hamburger / Bun Leti &apot &amelyore French Fries Donn Lèt	21 Antouraj Vapè mayi Piman vèt Donn Diri Krispie Trete Lèt
24 Franse Pen Piza Pwa vèt Kawòt ti bebe Donn Rezo Lèt	25 BBQ vyann Rib Vapè mayi Coleslaw Donn Lèt	26 Tangerine poul Diri vapè Vapè Donn Fortune Cookie Lèt	27 poul sandwich Vapè bwokoli Konkonm tranch Donn Lèt	28 Cheese Quesadilla Pwa refrijere Baskètbòl Donn Lèt

Nouvèl

**Dejene ak manje midi
chak jou nan Pa gen pri**

**Yon manje konplè
konplè fèt nan senk
manje
elemen**

**Grenn se yon pati nan
Entrée.**

**Pwoteyin (yon pati nan
Entrée)**

Legim. Fwi ak Lèt

**Elèv yo dwe pran
Twa nan senk manje yo**

**Konpozisyon ak youn
Dwe yon fwi oswa
Legim**

**Enstitisyon sa a se yon
Opòtinite egal
founisè**

Meni se sijè a Chanjman