



FEBRUARY | 2025

Hamilton Local Schools Grades 9-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Pizza Green Beans Baby Carrots Fruit (2) Sun Chips Milk	4 Chicken Nuggets Hot Roll Steamed Corn Green Pepper Strips Fruit (2) Milk	5 Chicken Sandwich Steamed Broccoli & Cheese Cauliflower Bites Fruit (2) Milk	6 Cheeseburger Sweet Potato Fries Dill Pickles Fruit (2) Rice Krispie Treats Milk	7 Taco Salad Tortilla Chips Refried Beans Fruit (2) Milk
10 Pizza Steamed Corn Baby Carrots Fruit (2) Sun Chips Milk	11 Chicken Tenders Steamed Peas Celery Sticks Fruit (2) Cookie Milk	12 Macaroni & Cheese Soft Pretzel Green Beans Sliced Cucumbers Fruit (2) Milk	13 Rotini Garlic Bread Romaine & Spinach Salad Mini Tomatoes Fruit (2) Milk	14 Bosco Sticks Marinara California Blend Baby Carrots Fruit (2) Sun Chips Milk
17 No School	18 Popcorn Chicken Corn Bread Green Beans Mini Tomatoes Fruit (2) Milk	19 Grilled Cheese Tomato Soup Celery Sticks Fruit (2) Pudding Cup Milk	20 Cheeseburger Lettuce & Tomato French Fries Fruit (2) Milk	21 Burrito Steamed Corn Green Peppers Fruit (2) Sun Chips Milk
24 French Pizza Green Beans Baby Carrots Fruit (2) Cookie Milk	25 BBQ Beef Rib Steamed Corn Coleslaw Fruit (2) Milk	26 Chicken Sandwich Steamed Broccoli Sliced Cucumbers Fruit (2) Milk	27 Tangerine Chicken Steamed Rice Steamed Peas Celery Sticks Fruit (2) Fortune Cookie Milk	28 Cheese Quesadilla Refried Beans Mini Tomatoes Fruit (2) Corn Chips Milk

News

**Breakfast and Lunch
Offered Daily at No Cost**

**A Complete Lunch
Consists of Five Foods
Components
Grains (part of Entrée)
Protein (part of Entrée)
Vegetables, Fruit and Milk**

**Students must take
Three of Five Foods**

**Components and One
Must be a Fruit or
Vegetables**

**Additional Entrees
Selections are Available
Daily Entrees
PB & J Sandwich
Specialty Salads**

**This Institution is an
Equal Opportunity
Provider**

**Menu is Subject to
Change**



FEBRUARY | 2025

Spanish

Escuelas Locales de Hamilton Grados 9-12

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3</p> <p>Pizza Judías verdes Zanahorias baby Fruta (2) Chips de sol Leche</p>	<p>4</p> <p>Nuggets de pollo Rollo caliente Maíz al vapor tiras de pimiento verde Fruta (2) Leche</p>	<p>5</p> <p>Hamburguesa con queso Batatas fritas Pepinillos encurtidos Fruta (2) Golosinas de Rice Krispie Leche</p>	<p>6</p> <p>Sándwich de pollo Brócoli y queso al vapor Picaduras de coliflor Fruta (2) Leche</p>	<p>7</p> <p>Ensalada de tacos Chips de Tortilla Frijoles refritos Fruta (2) Leche</p>
<p>10</p> <p>Pizza Maíz al vapor Zanahorias baby Fruta (2) Chips de sol Leche</p>	<p>11</p> <p>Filetes de pollo Guisantes al vapor Palitos de apio Fruta (2) Galleta Leche</p>	<p>12</p> <p>Macarrones con queso Pretzel suave Judías verdes Pepinos en rodajas Fruta (2) Leche</p>	<p>13</p> <p>Rotini Pan de ajo Ensalada de lechuga romana y espinacas Mini Tomates Fruta (2) Leche</p>	<p>14</p> <p>Palos Bosco Marinara Mezcla de California Zanahorias baby Fruta (2) Chips de sol Leche</p>
<p>17</p> <p>No Escuela</p>	<p>18</p> <p>Pollo con palomitas de maíz Pan de maíz Judías verdes Mini Tomates Fruta (2) Leche</p>	<p>19</p> <p>Queso a la parrilla Sopa de tomate Palitos de apio Fruta (2) Taza de pudín Leche</p>	<p>20</p> <p>Hamburguesa con queso Lechuga y tomate Papas fritas Fruta (2) Leche</p>	<p>21</p> <p>Burrito Maíz al vapor Pimientos verdes Fruta (2) Chips de sol Leche</p>
<p>24</p> <p>Pizza Francesa Judías verdes Zanahorias baby Fruta (2) Galleta Leche</p>	<p>25</p> <p>Costilla de ternera a la barbacoa Maíz al vapor Ensalada de repollo Fruta (2) Leche</p>	<p>26</p> <p>Sándwich de pollo Brócoli al vapor Pepinos en rodajas Fruta (2) Leche</p>	<p>27</p> <p>Pollo a la mandarina Arroz al vapor Guisantes al vapor Palitos de apio Fruta (2) Galleta Leche</p>	<p>28</p> <p>Quesadilla de queso Frijoles refritos Mini Tomates Fruta (2) Chips de maíz Leche</p>

Noticia

Desayuno y Almuerzo
Se ofrece todos los días
sin costo

Un almuerzo completo
Consta de cinco alimentos

Componentes
Granos (parte de Entrée)
Proteína (parte del plato
principal)

Verduras, frutas y leche

Los estudiantes deben
tomar
Tres de cinco alimentos

Componentes y uno
Debe ser una fruta o
verdura

Entrantes adicionales
Las selecciones están
disponibles

Entrantes diarios
Sándwich PB & J
Ensaladas especiales

Esta Institución es una
Igualdad de oportunidades

Proveedor

El menú está sujeto a
Cambio



FEBRUARY | 2025

French

Écoles locales de Hamilton de la 9e à la 12e année

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3</p> <p>Pizza Haricots verts Carottes miniatures Fruits (2) Chips solaires Lait</p>	<p>4</p> <p>Nuggets de poulet Rouleau chaud Maïs cuit à la vapeur Lanières de poivron vert Fruits (2) Lait</p>	<p>5</p> <p>Cheeseburger Frites de patates douces Cornichons à l'aneth Fruits (2) Gâteries Rice Krispie Lait</p>	<p>6</p> <p>Sandwich au poulet Brocoli et fromage cuits à la vapeur Bouchées de chou-fleur Fruits (2) Lait</p>	<p>7</p> <p>Salade de tacos Croustilles tortilla Haricots frites Fruits (2) Lait</p>
<p>10</p> <p>Pizza Maïs cuit à la vapeur Carottes miniatures Fruits (2) Chips solaires Lait</p>	<p>11</p> <p>Filets de poulet Pois cuits à la vapeur Bâtonnets de céleri Fruits (2) Biscuit Lait</p>	<p>12</p> <p>Macaroni au fromage Bretzel moelleux Haricots verts Concombres tranchés Fruits (2) Lait</p>	<p>13</p> <p>Rotini Pain à l'ail Salade romaine et épinards Mini tomates Fruits (2) Lait</p>	<p>14</p> <p>Bâtonnets Bosco Marinara Mélange californien Carottes miniatures Fruits (2) Chips solaires Lait</p>
<p>17</p> <p>Non École</p>	<p>18</p> <p>Poulet popcorn Pain de maïs Haricots verts Mini tomates Fruits (2) Lait</p>	<p>19</p> <p>Fromage grillé Soupe aux tomates Bâtonnets de céleri Fruits (2) Coupe à pudding Lait</p>	<p>20</p> <p>Cheeseburger Laitue et tomate Frites Fruits (2) Lait</p>	<p>21</p> <p>Burrito Maïs cuit à la vapeur Poivrons verts Fruits (2) Chips solaires Lait</p>
<p>24</p> <p>Pizza Française Haricots verts Carottes miniatures Fruits (2) Biscuit Lait</p>	<p>25</p> <p>Côte de bœuf BBQ Maïs cuit à la vapeur Chou Fruits (2) Lait</p>	<p>26</p> <p>Sandwich au poulet Brocoli cuit à la vapeur Concombres tranchés Fruits (2) Lait</p>	<p>27</p> <p>Poulet à la mandarine Riz cuit à la vapeur Pois cuits à la vapeur Bâtonnets de céleri Fruits (2) Biscuit Lait</p>	<p>28</p> <p>Quesadilla au fromage Haricots frites Mini tomates Fruits (2) Croustilles de maïs Lait</p>

Nouvelles

Petit-déjeuner et déjeuner
Offert tous les jours sans frais

Un déjeuner complet
Se compose de cinq aliments

Composants
Grains (part of Entrée)
Protéines (partie de l'entrée)

Légumes, fruits et lait

Les étudiants doivent suivre

Trois des cinq aliments

Composants et un
Doit être un fruit ou un légume

Entrées supplémentaires
Des sélections sont disponibles

Entrées du jour
PB & J Sandwich
Salades de spécialité

Cette institution est un
Égalité des chances
Fournisseur

Le menu est soumis à
Changement



FEBRUARY | 2025

Haitian Creole

Lekòl Lokal Hamilton Klas 9yèm-12yèm

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 pizta Pwa vèt Kawòt ti bebe Fwi (2) Solèy Chips Lèt	4 poul nuggets Woulo cho Vapè mayi Bann vèt Fwi (2) Lèt	5 Cheeseburger Dous Pòm detè Fries Pikliz Fwi (2) Diri Krispie Trete Lèt	6 poul sandwich Vapè Bwokoli - Fwomaj Kavalye Mòde Fwi (2) Lèt	7 Tako Salad Baskile Tortilla Pwa refrijere Fwi (2) Lèt
10 pizta Vapè mayi Kawòt ti bebe Fwi (2) Solèy Chips Lèt	11 grip poul Vapè Baskètbòl Fwi (2) bonbon Lèt	12 Macaroni - Fwomaj Mou Pretzel Pwa vèt Konkonm tranch Fwi (2) Lèt	13 Rotini Pen lay Romaine & vire Salad Mini Tomatoes Fwi (2) Lèt	14 bwat pontye Marinara Kalifòni melanje Kawòt ti bebe Fwi (2) Solèy Chips Lèt
17 Non Lekòl	18 Pòpkòn poul Mayi mayi Pwa vèt Mini Tomatoes Fwi (2) Lèt	19 Griye Cheese Tomat soup Baskètbòl Fwi (2) Pudding Cup Lèt	20 Cheeseburger Leti & apot & amelyore French Fries Fwi (2) Lèt	21 Antouraj Vapè mayi Piman vèt Fwi (2) Solèy Chips Lèt
24 franse Pizta Pwa vèt Kawòt ti bebe Fwi (2) bonbon Lèt	25 BBQ vyann Rib Vapè mayi Coleslaw Fwi (2) Lèt	26 poul sandwich Vapè bwokoli Konkonm tranch Fwi (2) Lèt	27 Tangerine poul Diri vapè Vapè Baskètbòl Fwi (2) Fortune Cookie Lèt	28 Cheese Quesadilla Pwa refrijere Mini Tomatoes Fwi (2) Chip mayi Lèt

Nouvèl

Dejene ak manje midi
Ofri chak jou nan Pa gen pri

Yon manje midi konplè
Konsiste de senk manje eleman

Grenn se yon pati nan Entrée.

Pwoteyin (yon pati nan Entrée)

Legim, fwi ak lèt

Elèv yo dwe pran Twa nan senk manje

Konpozisyon ak youn Dwe yon fwi oswa legim

Lòt antre Seleksyon yo disponib

Antre chak jou PB & J Sandwich

Salad espesyal

Enstitisyon sa a se yon Opòtinite egal

founisè

Meni se sijè a Chanje



FEBRUARY | 2025

Swahili

Shule za Mitaa za Hamilton 9-12

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3</p> <p>Pizza Maharagwe ya kijani Karoti ya mtoto Matunda (2) Chips ya jua Maziwa</p>	<p>4</p> <p>Nuggets ya Kuku Roll ya Moto Mahindi ya Mvuke Mikanda ya Pepper ya Kijani Matunda (2) Maziwa</p>	<p>5</p> <p>Cheeseburger Fries ya viazi tamu Vipeperushi vya Dill Matunda (2) Matibabu ya Krispie ya Mchele Maziwa</p>	<p>6</p> <p>Sandwich ya Kuku Broccoli ya Steamed & Cheese Cauliflower Bites Matunda (2) Maziwa</p>	<p>7</p> <p>Saladi ya Taco Tortilla Chips Maharagwe ya kukaanga Matunda (2) Maziwa</p>
<p>10</p> <p>Pizza Mahindi ya Mvuke Karoti ya mtoto Matunda (2) Chips ya jua Maziwa</p>	<p>11</p> <p>Zabuni ya Kuku Steamed Peas Vibandiko vya Celery Matunda (2) Kidakuzi Maziwa</p>	<p>12</p> <p>Macaroni & Cheese Pretzel laini Maharagwe ya kijani Matango yaliyokatwa Matunda (2) Maziwa</p>	<p>13</p> <p>Rotini Mkate wa vitunguu Saladi ya Romaine & Spinach Nyanya ndogo Matunda (2) Maziwa</p>	<p>14</p> <p>Vibandiko vya Bosco Marinara California Blend Karoti ya mtoto Matunda (2) Chips ya jua Maziwa</p>
<p>17</p> <p>La Shule</p>	<p>18</p> <p>Kuku wa Popcorn Mkate wa Mahindi Maharagwe ya kijani Nyanya ndogo Matunda (2) Maziwa</p>	<p>19</p> <p>Grilled Cheese supu ya nyanya Vibandiko vya Celery Matunda (2) Kombe la Kuku Maziwa</p>	<p>20</p> <p>Cheeseburger Lettuce & Tomato Fries ya Kifaransa Matunda (2) Maziwa</p>	<p>21</p> <p>Burrito Mahindi ya Mvuke Peppers ya kijani Matunda (2) Chips ya jua Maziwa</p>
<p>24</p> <p>pizza ya Kifaransa Maharagwe ya kijani Karoti ya mtoto Matunda (2) Kidakuzi Maziwa</p>	<p>25</p> <p>BBQ Beef Rib Mahindi ya Mvuke Sheria ya Coleslaw Matunda (2) Maziwa</p>	<p>26</p> <p>Sandwich ya Kuku Steamed Broccoli Matango yaliyokatwa Matunda (2) Maziwa</p>	<p>27</p> <p>Kuku wa Tangerine Mchele wa Mvuke Steamed Peas Vibandiko vya Celery Matunda (2) Kuki ya Bahati Maziwa</p>	<p>28</p> <p>Cheese Quesadilla Maharagwe ya kukaanga Nyanya ndogo Matunda (2) Chips ya Mahindi Maziwa</p>

Habari

Kiamsha kinywa na chakula cha mchana
Hutolewa kila siku bila gharama

Chakula cha mchana kamili

Vyakula vitano

Vijenzi

Nafaka (sehemu ya Entrée)

Protini (sehemu ya Entrée)

Mboga, Matunda na Maziwa

Wanafunzi wanapaswa kuchukua

Vyakula vitatu kati ya vitano

Vipengele na Moja

Lazima uwe na matunda au mboga

Entrees ya ziada

Uchaguzi unapatikana

Entrees ya kila siku

PB & J Sandwich

Saladi maalum

Taasisi hii ni

Fursa sawa

Mtoaji

Menu ni chini ya

Badilisha