

**2019
Hamilton Township Rangers
Track & Field**



Season Summary

2019 Track & Field Team Season Accomplishments

<u>Meet Name</u>	<u>Results 2017</u>	<u>Results 2018</u>
Central District Boys	16 th of 16 teams	16 of 17 teams
Central District Girls	12 th of 16 teams	11 of 17 teams
MSL Buckeye Boys	5 th of 8 teams	1 st of 8 teams
MSL Buckeye Girls	5 th of 8 teams	3 rd of 8 teams
Africentric Classic Boys	4 th of 8 teams	3 rd of 7 teams
Africentric Classic Girls	5 th of 9 teams	4 th of 6 teams
East Tiger Invitational Boys	did not attend	8 th of 16 teams
East Tiger Invitational Girls	did not attend	1 st of 16 teams
Ranger Invitational Boys	7 th of 12 teams	4 th of 8 teams
Ranger Invitational Girls	10 th of 13 teams	4 th of 8 teams
Elmo Kallner Boys	7 th of 12 teams	7 th of 12 teams
Elmo Kallner Girls	7 th of 15 teams	7 th of 13 teams
Gahanna Relays Boys	10 th of 15 teams	13 th of 16 teams
Gahanna Relays Girls	8 th of 13 teams	8 th of 16 teams
Dublin Classic Boys	15 th of 17 teams	16 th of 16 teams
Dublin Classic Girls	12 th of 14 teams	13 th of 16 teams
Golden Eagle Relays Boys	8 th of 12 teams	8 th of 13 teams
Golden Eagle Relays Girls	6 th of 12 teams	5 th of 13 teams
Icebreaker Boys	did not attend	4 th of 8 teams
Icebreaker Girls	did not attend	5 th of 8 teams
Booster Boys	4 th of 11 teams	3 rd of 12 teams
Booster Girls	2 nd of 12 teams	3 rd of 12 teams

Teams Defeated by Boys Track & Field Team: (33)

Africentric Early College, Amanda Clearcreek, Beechcroft, Bishop Hartley, Bishop Watterson, Bloom Carroll, Briggs, Buckeye Valley, Centennial, Centerburg, Cincinnati Woodward, Circleville, Columbus East, Columbus South, Fairbanks, Fairfield Union, Franklin Heights, Granville, Grove City, Johnstown-Monroe, Liberty Union, Licking Heights, Linden McKinley, Logan Elm, Marion Franklin, Mifflin, Newark Catholic, Newark Senior, Northland, Northridge, Teays Valley, Westland, Whitehall-Yearling

Teams Defeated by Girls Track & Field Team: (41)

Africentric Early College, Amanda Clearcreek, Beechcroft, Bishop Hartley, Bishop Watterson, Bloom Carroll, Briggs, Centennial, Central Crossing, Columbus Academy, Columbus East, Columbus Independence, Columbus South, Cincinnati Withrow, Cincinnati Woodward, Circleville, Delaware Hayes, Dublin Scioto, Eastmoor Academy, Fairbanks, Franklin Heights, Grove City, Groveport Madison, Hilliard Bradley, Johnstown-Monroe, Licking Heights, Liberty Union, Linden McKinley, Logan Elm, Marion Franklin, Mifflin, Northland, Newark Catholic, Newark Senior, Pickerington Central, Pickerington North, Walnut Ridge, Westland, Whetstone, Whitehall-Yearling, Worthington Kilbourne

Season by the Numbers

(6) School Records Broken

Discus: Halaya Woodson

Long Jump: Riley Thomas 17'8.25" THEN Bethany Robinson 17'10.25"

5k: Trey Booth

800m: Seated (Taylor Murphy)

5k: Seated (Taylor Murphy)

Shot Put: Seated (Taylor Murphy)

(50) Top-20 All-Time Records Broken

(8) Top-5 All-Time Freshman Class Records Broken

(4) Top-5 All-Time Sophomore Class Records Broken

(9) Top-5 All-Time Junior Class Records Broken

(3) Top-5 All-Time Senior Class Records Broken

**See "Record Book" for new "All-Time" record holders.

(14) Athletes on Columbus Dispatch Track & Field Honor Roll

Nathan Sandlin	Long Jump
Conner Howell	Long Jump, 4x400
Drysten Crallie	400m, 4x400
Payton Sandine	110m Hurdles
Chance Bradley	4x400
Desean Peart	4x400
Halaya Woodson	Shot Put & Discus
Bethany Robinson	Long Jump, 4x100, 4x200
Riley Thomas	Long Jump, 4x100, 4x200
Sheridan Sandlin	4x100 & 4x200
Takyra Henry	4x100, 4x400
Ella Nichols	4x200, 4x400
Mallory Mumaw	4x400
Alisia Juanchi	4x400

(10) District Placers

Payton Sandine	110m Hurdles (7 th)
Malcolm Denny	Discus (8 th)
Desean Peart	High Jump (7 th)
Bethany Robinson	4x100 (6 th), Long Jump (3 rd)
Takyra Henry	4x100 (6 th)
Sheridan Sandlin	4x100 (6 th)
Riley Thomas	4x100 (6 th), Long Jump (4 th), Pole Vault (5 th)
Keara Holt	4x100 (6 th)
Ella Nichols	High Jump (7 th)
Halaya Woodson	Discus (8 th)

(2) Regional Qualifiers

Bethany Robinson	Long Jump
Riley Thomas	Long Jump

MSL Award Winners

1st Team All-MSL

Halaya Woodson	Shot Put
Bethany Robinson	4x1 & 4x2
Takya Henry	4x100
Ella Nichols	4x200
Sheridan Sandlin	100, 4x1 & 4x2
Riley Thomas	LJ, 4x1 & 4x2
Conner Howell	LJ, 4x1
Nathan Sandlin	4x1, 4x2
Desean Peart	4x1, 4x2
Chance Bradley	4x1, 4x2
Donnie Cowell	4x2

2nd Team All-MSL

Halaya Woodson	Discus
Drysten Crallie	100,200, 400,4x400
Payton Sandine	110H
Conner Howell	4x4
Desean Peart	4x4
Chance Bradley	4x4

Honorable Mention

All-MSL Team

Malcolm Denny	Discus
---------------	--------

MSL Place Winners

Alisia Juanchi	4x800 (7 th)
	4x400 (5 th)
Mallory Mumaw	4x800 (7 th)
	4x400 (5 th)
Danielle Sater	4x800 (7 th)
Chloe Davis	4x800 (7 th)
Ella Nichols	High Jump (7 th)
	400m (4 th)
	4x400 (5 th)
Summer Yost	High Jump (8 th)
Riley Thomas	Pole Vault (5 th)
Alyssa Perry	Pole Vault (8 th)
Takya Henry	100m (5 th)
	4x400 (5 th)
Sheridan Sandlin	200m (6 th)
Taylor Murphy	3200 (6 th)
Malcolm Denny	Shot Put (4 th)
Desean Peart	High Jump (4 th)
Gavin Flaherty	High Jump (7 th)
Nathan Sandlin	Long Jump (4 th)
	200m (5 th)
Conner Howell	100m (4 th)
Trey Booth	800m (4 th)
	1600m (6 th)
	3200m (6 th)
Donnie Cowell	110H (8 th)
	300H (7 th)

MSL Runner of the Year

Drysten Crallie (32 points)

MSL Field Athlete of the Year

Halaya Woodson (18 points)

VARSDITY LETTER & PARTICIPATION AWARDS

Boys

Participation Award

Tretyn Ball
Zavion Cunningham
Ato Forson
Kale Flaherty
Isaiah Henry
Logan Hoosier
Wayde Isaacs
Caleb Longwell
Zachary Raine
Jackson Roy
Jeff Salmons
Elijah Taylor
Brandon Wheeler

1st Year Varsity Award

Daniel Collins
Donald Cowell III
Christopher Ellis
Joshua Fikes
Jacob Fleming
Mercurie Hayes
Logan Holland
Caden Martin
Gavin Tussey

2nd Year Varsity Award

Trey Booth
Malcolm Denny
Gavin Flaherty
Logan Lindeman
Desean Peart
Nathan Sandlin

3rd Year Varsity Award

Chance Bradley

4th Year Varsity Award

Drysten Crallie
Matthew Howell
Payton Sandine

Girls

Participation Award

Erin Bernthold
Olivia Blane
Madyson Dallas
Mackenzie Denney
Callie Foxen
Savannah Fraley
Madyson Graves
Grace Kelly
Jaeda Lowe
Haley Meier
Kirsten Offenbaker
Madisyn Reeves
Alivia Simkins
Makenna Thomas
Tierra Wooden
Jourdan Woltz

1st Year Varsity Award

Shaniya Carter
Hannah Costello
Yasmine Crallie
Keara Holt
Makenna Jenkins
Alisia Juanchi
Mallory Mumaw
Ella Nichols
Danielle Sater
Alysiah Webster
Halaya Woodson

2nd Year Varsity Award

Sheridan Sandlin
Summer Yost

3rd Year Varsity Award

Takyra Henry
Taylor Murphy
Riley Thomas

4th Year Varsity Award

Chloe Davis
Alyssa Perry
Bethany Robinson

Senior Progressions

Chance Bradley	Freshman	Sophomore	Junior	Senior
100	12.64	11.96	11.96	12.04
200	25.04	25.14	24.52	24.47
400	59.84	58.21	59.41	55.1

2019 MSL Buckeye Champion 4x100, 4x200

2019 MSL Buckeye 2nd Team 4x400

2015 Middle School MSL 2nd Team 100, 200

2015 Middle School State Meet Qualifier 100, 4x100

Drysten Crallie	Freshman	Sophomore	Junior	Senior
100	12.34	12.10	12.16	11.49
200	24.84	24.78	23.45	23.31
400	54.13	53.96	52.30	51.35
Long Jump	-	17' 11	17' 6	18 '4

SCHOOL RECORD HOLDER DMR (8-2-4-16)

2019 MSL Buckeye Runner of the Year

2019 MSL Buckeye 2nd Team 100,200,400,4x400

2018 MSL Buckeye Honorable Mention 200, 400

2017 MSL Buckeye Honorable Mention 800

2015 Middle School MSL Champion 4x400

2015 Middle School MSL 2nd Team 400, Long Jump

2015 Middle School State Meet Qualifier 400, 4x400 Long Jump

2014 Middle School MSL 2nd Team 4x200

2014 Middle School State Meet Qualifier 4x200

Zavion Cunningham	Freshman	Sophomore	Junior	Senior
110 H	-	18.70	-	18.72
300 H	-	47.10	-	49.04
Long Jump	-	17' 11	-	17' 8

SCHOOL RECORD HOLDER 4x110 SHUTTLE HURDLE RELAY

Chris Ellis	Freshman	Sophomore	Junior	Senior
100	-	-	13.66	12.43
High Jump	-	-	5' 0	5' 6
Long Jump	-	-	9' 5	15' 1

Josh Fikes	Freshman	Sophomore	Junior	Senior
200	-	-	-	28.14
400	-	-	-	1:09.83
800	-	-	-	2:51.0

Senior Progressions

Gavin Flaherty	Freshman	Sophomore	Junior	Senior
800	-	2:21.60	-	2:17.76
High Jump	-	5' 8	-	5' 6
Pole Vault	-	6' 0	-	7' 0

SCHOOL RECORD HOLDER DMR (8-2-4-16)

2015 Middle School MSL Champion 4x400

2015 Middle School State Meet Qualifier 4x400

Conner Howell	Freshman	Sophomore	Junior	Senior
100	12.44	12.64	11.99	11.59
200	26.04	24.70	24.46	23.35
400	1:01.04	57.14	54.24	52.6
Long Jump	18' 3	20' 1	20' 4	21' 3

SCHOOL RECORD HOLDER DMR (8-2-4-16)

2x OATCCC State Qualifier in the Triple Jump

2019 District Placer Long Jump

2019 MSL Buckeye Champion Long Jump, 4x100

2019 MSL Buckeye 2nd Team 4x400

2018 MSL Buckeye 2nd Team Long Jump

2015 Middle School MSL Champion Long Jump, 4x400

2015 Middle School MSL 2nd Team High Jump

2015 Middle School State Meet Qualifier Long Jump

2014 Middle School State Meet Qualifier Long Jump

Payton Sandine	Freshman	Sophomore	Junior	Senior
110 H	17.39	16.52	15.41	15.84
300 H	47.09	45.24	44.53	45.17
High Jump	5' 3	5' 4	5' 8	5' 6

SCHOOL RECORD HOLDER 4x110 SHUTTLE HURDLE RELAY

2019 MSL Buckeye 2nd Team 110 H

2018 MSL Buckeye Champion 110 H

2015 Middle School MSL Champion 200 H

2015 Middle School State Meet Qualifier 200 H, 4x100, 4x200

Senior Progressions

Chloe Davis	Freshman	Sophomore	Junior	Senior
800	3:01.0	3:16.0	-	3:03.58
1600	7:23.42	7:20.0	7:04.2	7:12.79
3200	15:54.60	17:26.27	15:42.63	18:18.2

MIDDLE SCHOOL RECORD HOLDER 4x400

2015 Middle School State Meet Qualifier 4x400

Alyssa Perry	Freshman	Sophomore	Junior	Senior
Pole Vault	7' 6	8' 0	8' 6	8' 0

MIDDLE SCHOOL RECORD HOLDER 4x400

2015 Middle School State Meet Qualifier 4x400

2014 Middle School State Meet Qualifier 4x200, 4x400

Bethany Robinson	Freshman	Sophomore	Junior	Senior
100	14.14	13.34	12.97	13.30
200	28.51	28.24	27.22	-
Long Jump	15' 0.5	16' 5	16' 10	17' 0.5

SCHOOL RECORD HOLDER OUTDOOR LONG JUMP

SCHOOL RECORD HOLDER OUTDOOR TRIPLE JUMP

SCHOOL RECORD HOLDER INDOOR LONG JUMP

SCHOOL RECORD HOLDER INDOOR TRIPLE JUMP

MIDDLE SCHOOL RECORD HOLDER 100 HURDLES

MIDDLE SCHOOL RECORD HOLDER 200 HURDLES

MIDDLE SCHOOL RECORD HOLDER 400

2019 Regional Qualifier Long Jump

2019 OATCCC State Qualifier Triple Jump

2019 MSL Buckeye Champion 4x200, 4x100

2019 MSL Buckeye 2nd Team Long Jump

2018 OATCCC State Placer Triple Jump (6th)

2018 MSL Buckeye Champion Long Jump, 4x200, 4x100

2018 MSL Honorable Mention 100

2017 OATCCC State Qualifier Long Jump

2017 MSL Buckeye Champion 4x200

2017 MSL Buckeye 2nd Team Long Jump

2016 MSL Buckeye Champion 4x100

2015 Middle School Buckeye Champion 4x100

2015 Middle School MSL 2nd Team 200 H

2014 Middle School MSL Champion 200 H

2014 Middle School MSL 2nd Team 400

2014 Middle School State Qualifier 400